



PRESS RELEASE

Monthly excitements in Pembrokeshire with Celtic Haven

London, 20 December 2010: Luxury self-catering coastal cottage resort Celtic Haven has announced its top reasons for visiting Pembrokeshire throughout 2011. Open year-round, Celtic Haven boasts a range of packages for the whole family, as well as a close proximity to some of the most popular events and festivals in West Wales, including Pembrokeshire Fish Week and the Tenby Blues Festival.

The Celtic Haven resort features 26 cottages, sleeping from two to 12 people and also offers an Elemis Premier Spa, Waves Italian bar & restaurant and a leisure club. Book a holiday for 2011 from the wide selection of local events and activities available in the region:

January

A New Year Detox with the 'Escape' Package

Start the year as you mean to go on by kicking off 2011 with a detox at Celtic Haven Spa - West Wales' only Elemis Premier Spa. Boasting spectacular views over Caldey Island, the fresh sea breeze and the relaxing atmosphere make Celtic Haven the perfect place to start the New Year.

Celtic Haven offers a luxury three night '**Escape**' package for just **£399 per person** including accommodation, breakfast, a £20 voucher for an evening meal, unlimited use of the leisure facilities and a treatment of a Thalgo Descomask Scrub, a holistic well-being back massage, a paraffin wax to the hands and feet, scalp massage, an Aroma Energiser steam bath and a Celtic Haven Facial.

www.celtichavenspa.co.uk / 01834 871850

February

Get Celtic in Pembrokeshire this half term

Take your children to the Castell Henllys Iron Age monument to experience a day in the life of the Celts; finding out how they survived, learning how to build a roundhouse, helping to prepare the evening meal and, in case of attack, training to be warriors. Only an hour's drive from Celtic Haven and available February 21, 23 and 25, this is a fantastic educational event about Welsh cultural heritage. Prices are £5.50 for children and £6.50 for adults.

<http://nt.pcnpa.org.uk> / 01239 891319

March

Explore the only coastal National Park in the UK

Celtic Haven sits upon the clifftop of the only coastal National Park in the UK. Explore the beautiful park with the "**Walk on the Wildside Package**" at **£495** per person. The three-day itinerary has walks of 8-10 miles a day led by Andrew Dugmore of Pembrokeshire Paths. He will take you on coastal paths, to smugglers

caves, deserted coves and cliff-top castles and then into the unspoiled sleepy hamlets. This is great for both avid hikers and those who want to enjoy the fresh air and incredible scenery. The package includes accommodation, breakfast brought to your cottage and unlimited use of the resorts' leisure facilities. Beauty treatments are also available to soothe tired muscles after a day's walking.

<http://www.celtichaven.co.uk/walk-on-the-wildside.php> / 01834 870000

April

Celebrate your last single days in style...

Enjoy a secluded hen night or stag do with your closest pals at Celtic Haven. With 26 cottages sleeping from two to 12 people, the resort can fit your requirements perfectly. For the girls, the spa has advanced treatments from international brands including Elemis and Thalgo and other treatments such as reflexology and Reiki. For the boys, Celtic Haven has a nine-hole headlands golf course, a golf simulator and the opportunity for golf at some spectacular local courses. At the heart of the stunning Pembrokeshire National Park and right on the beach, this is the ideal place to relax and enjoy the sunshine before the big day.

www.celtichavenspa.co.uk / 01834 871850

May

Visit the Welsh monastic island of Caldey

1km off Tenby's coast lays the tiny monastic island of Caldey, which is only a short boat ride from shore to shore and an unmissable trip for a slice of preserved local culture. The mile and a half long and two mile wide island has been inhabited by monks since Celtic times and has a Cistercian monk community currently living in the island monastery. The monks produce their own range of lavender-scented goods, as well as perfumes and hand lotions derived from the wild flowers growing on the island. Caldey Island is open from April through October.

www.caldey-island.co.uk / 01834 844453

June

Enjoy the gastronomic delights at the local fish festival

Join in the fun at the multi-award winning **Pembrokeshire Fish Festival** from June 26 to July 4. Only a half hour drive from Celtic Haven, this makes a great family day out with cooking demonstrations, kayak trips, fishing lessons, snorkel safaris and delicious fresh fish.

www.pembrokeshirefishweek.co.uk / 01437 776168

July

Improve your Golf with the Celtic Haven Golf Package

Learn to play golf or perfect your swing with the Celtic Haven **Golf Package**. At just **£495** per person, the package includes three hours of golf tuition, three hours of free play in the golf simulator, unlimited play on the headlands course, a round of golf at Tenby's championship course or the Trefloyne Parkland course and experienced players can enjoy discounted rates at local courses. Also included in the price is four nights accommodation in a luxury cottage with free use of the leisure centre plus 10 per cent off all treatments in the Premier Spa, breakfast delivered to your cottage and a voucher for lunch or dinner in Waves restaurant onsite.

www.celtichaven.co.uk/the-golf-package.php / 01834 870000

August

Catch the rays on Pembrokeshire's beautiful beaches

With Pembrokeshire having arguably the most beautiful beaches in Britain, Celtic Haven is ideally located overlooking the blue flag status Lydstep Beach, making it the perfect place for a relaxed beach holiday for two or for the whole family. A range of water sports are available at the beach and at low tide a number of caves can be explored, including a smugglers cave. A one-bedroom cottage, suitable for two people, in summer 2011 starts at £640 per week.

September

Relax whilst watching others doing strenuous exercise!

Watch the exciting, adrenalin filled Ironman Wales championship on September 11 2011. The two-part race starts in Camarthen Bay where competitors will swim 4 km before taking on a 180 km bike ride through the Pembrokeshire National Park. The competitors are running to win a chance at the 50 qualifying slots to the Ford Ironman World Championship taking place in Kailua-Kona, Hawaii.

www.ironman.com

October

Come seal spotting and bird watching in Pembrokeshire

October is an excellent month for bird watching and seal spotting. The coastal areas around Pembrokeshire are full of spectacular passages of sea birds. The huge population of grey seals breed in late summer so October is the best time to see the adorable newborn pups in the sheltered coves along the coastline or the offshore islands. With regular boat trips from Tenby Harbour, this is an exciting opportunity to see the friendly seals, who will even come right up to your boat.

November

Get into the rhythm of the blues at the Tenby Blues Festival

Feel the jazz at the sixth annual Tenby Blues Festival. A weekend of live music, lots of local and international artists in concert and a variety of workshops at venues all around Tenby, makes this the premier blues event in Wales. The festival is less than a seven-minute drive from Celtic Haven.

www.tenbyblues.co.uk

December

Cosy up to the fire with Christmas at Celtic Haven

Have a cosy Christmas at Celtic Haven in your very own cottage. Where better to spend Christmas than away from the hustle and bustle of everyday life surrounded by some of Britain's best scenery and with food delivered right to your door! Celtic Haven always has special deals over the festive season to make this exciting time of year all the more enjoyable and can even arrange for grocery and Christmas tree delivery direct to your cottage before arrival.

For further information on Celtic Haven please visit www.celtichaven.co.uk or call 01834 870 000.

Ends

Further Information

For more information on Celtic Haven, please visit www.celtichaven.co.uk or call 01834 870 000.

For media information, images and press trips please contact Jenny Groutage or Amelia Astley Birtwistle at The Saltmarsh Partnership on 020 7928 1600 or email jenny@saltmarshpr.co.uk or amelia@saltmarshpr.co.uk