



ULTIMATE ADVENTUROUS CAMPING SPOTS OFFERED BY WORLD EXPEDITIONS

8 June 2009: With the popularity of camping on the rise, why not choose somewhere a little more exciting than a seaside campsite to spend your time under canvas?

Trekking and adventure specialist World Expeditions has included some of the world's most unspoilt, undiscovered and spectacular camping locations on several itineraries featured in its new *Active Adventures 2009-2011* brochure.



Focusing on the 'paths less travelled', the company takes small groups of travellers to remote regions, often with little infrastructure, where they gain a true experience of the local landscapes and cultures. Many itineraries involve a strong camping element, often in breathtaking spots:

- Camp **beside the sacred lakes of Gosainkund in Nepal's Helambu region** in an area mainly inhabited by the Tamangs and Helambu Sherpas on the new 16-day 'Langtang & Gosainkund Lakes Trek' (from £1,140 per person). Experience traditional village life in stunning alpine wilderness and get great views of the mighty Himalayan peaks of Langtang and Ganesh. Departures available in October and November 2009.
- Camp **in the shadow of Mount Belukha in southern Siberia's Altay mountain range** on the new and unique 13-day 'High Altay Traverse' (from £2,090). Led by Australian writer and adventurer Tim Cope, this trek begins with a raft journey through the forests, meadows and peaks of Siberia's unspoilt landscape, with plenty of wildlife-spotting opportunities throughout. The trip departs in August 2010.
- Camp **on the banks of the Chobe River in Botswana**, famous for its magnificent sunsets and abundant animal and birdlife, on the new 25-day 'Great African Adventure' (from £1,795). Canoe down the Lower Zambezi and take game drives in search of predators on this trip showcasing the best of five different southern African countries...

- ... one of which is Mozambique, where you can camp **under coconut palms near the wide, deserted beaches of Morrungulu**. Swim in the Indian Ocean, enjoy snorkelling or deep-sea fishing and visit vibrant local markets. 'Great African Adventure' departures from June to December 2009.
- Camp **among nomads in Mongolia's Khovd River valley**, against the backdrop of glacier-capped peaks, on the new 'Mongolia In The Footsteps of the Nomad' trip (from, £2,160). Led again by Tim Cope, you'll immerse yourself in the lifestyle of the Khotont nomads, whilst following their migratory routes through the Harhiraa mountains in western Mongolia. You will also get to meet western Mongolia's Kazakhs, renowned eagle hunters and trainers. Tour departs on 2 August.
- Camp **among the volcanic peaks of the Djebel Sarho**, a rarely visited region of Morocco squeezed in the wilderness between the Sahara desert and the High Atlas. The new 8-day 'Trekking the Djebel Sarho' (from £595) combines flat top mesas, almond groves, the hospitality of the Nomadic Ait Atta peoples - and travel with a mule caravan in centuries-old North African style.
- Camp **among the seven lakes of the Yedigoller Plateau** in southern Turkey's Taurus Mountains on the 20-day 'Turkey Panorama' (from £1,550). An ascent of Emler Peak (3,723m) is an option for the ambitious, while other highlights include the underground cities and rock formations of Cappadocia, and the famous historical sites of Ephesus and Troy.
- Camp **alongside remote sections of the Great Wall** in China's Hebei Province on the 10-day 'Great Wall Trek' (from £1,050). Spend a week exploring the Great Wall, trekking between villages and experiencing traditional rural hospitality with local families, as well as seeing all the classic sights of Beijing.
- Camp **beside the 'lost' Inca ruins of Choquequirau** on the 16-day 'Inca Rivers Trek' (from £1,750). Trek across the Vilcabamba mountain range between two sacred Inca rivers as you explore the remnants of their magnificent civilisation, including rarely seen views of the 'back' of Machu Picchu.
- Camp in the **eerie moss forest jungle beneath Mount Bellamy on the Kokoda Track** in Papua New Guinea on the 14-day 'Kokoda Track' itinerary (from £1,850). Explore some of the most remote regions of Papua New Guinea, sharing experiences with traditional villagers as you tackle some of the world's most rugged, wild jungle.



Trips include most meals, camping equipment and support, site and National Park entrance fees, plus the services of expert guides. Flights are not included but can be arranged on request.

For bookings please call World Expeditions on 0800 0744 135 or visit www.worldexpeditions.co.uk.

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NOTES FOR EDITORS:

- Since its inception in 1975, World Expeditions has earned itself an outstanding reputation as a world leader in small group trekking and adventure holidays.
- Two factors distinguish World Expeditions from its competitors in the adventure travel arena: the **all-inclusive value** of its trips, with most meals, internal transport, accommodation, equipment and site entrance fees covered; and its **expert leaders**, often world-renowned figures whose experience and passion for destinations and local communities ensure superbly-designed, fulfilling travel itineraries every time.
- World Expeditions trips are for those travellers who want to discover destinations from the inside - taking the 'paths less travelled' to interact with and learn about local cultures, rather than simply ticking off tourism spots; experiencing true wilderness settings in the world's most remote and pristine locations. More than 500 stand-alone itineraries are offered, from small group active adventures and expeditions to cycling and walking tours to cultural journeys.