

NEW TRIPS COMING UP – BY WORLD EXPEDITIONS

Been there, done that, bought the T-shirt? If you're looking for an active holiday that gets you closer to nature, World Expeditions has a selection of exhilarating, pioneering **new trips** all over the world, which are being launched before the end of the year...

High Altay Traverse Siberia

LAUNCH TRIP: 29 August 2009 *13 days*

Known as the 'Golden Mountains', the Altay mountain range (with peaks of more than 4,500m) covers **a vast area stretching across the borders of China, Mongolia, Kazakhstan and into Siberian Russia**. The start point of the trek is accessed by raft, a superb way to be introduced to this untouched mountain wilderness, high alpine meadows and snow-capped mountains. In the company of World Expeditions' local crew, you will ascend through forests of spruce and pine, spot wildlife and gain spectacular views of the Yarlou Valley's multi-coloured rocks. **This epic trip is led by Tim Cope, the first person in living memory to complete the historical 10,000km Genghis Khan journey from Mongolia to Hungary riding a horseback.**

PRICE: £2,090 per person

Nepal Rafting Expedition Nepal

LAUNCH TRIP: 19 September 2009 *16 days*

The ultimate white water rafting experience in Nepal, this trip is suited to anyone with an adventurous spirit. The itinerary descends four thrilling wild rivers (the tight boulder strewn Balephi Khola, the pulsating Bhote Kosi, the remote Sun Kosi and the rarely rafted Tamur River), which pour through deep boulder strewn gorges from the foothills to the plains. This is an unusual and expeditionary river trip in the Himalaya, ideal if you want to get away from the modern world, meet the locals and view wildlife.

PRICE: £1,590 per person

In the Footsteps of the Samurai Japan

LAUNCH TRIP: 3 October 2009 *16 days*

Explore the Land of the Rising Sun on a journey that will travel you to **the very centre of Japanese culture, using Samurai history as a 'lens'** to experience this fascinating

society. Beginning from Tokyo, where you will roam among places that flared under the Samurai touch, this journey will take you from thickly forested mountains to exquisite gardens and then to the country's most imposing castle – while symbolic landmarks of Japan across the eras, notably Hiroshima and Mount Fuji, will frame your experiences.

PRICE: £3,290 per person

Trekking The Djebel Sarho Morocco

LAUNCH TRIP: 17 October 2009 *8 days*

An almost mythical range squeezed in the wilderness between the High Atlas and the Sahara, Djebel Sarho is one of Morocco's greatest secrets, where flat top mesas and volcanic pinnacles are softened by the palm and almond groves of the fertile oasis. Here live the Nomadic Ait Atta peoples, whose legendary hospitality ensures an authentic Moroccan experience. This expedition offers the opportunity to travel with a mule caravan, with your camp transported in the centuries-old traditions of North Africa.

PRICE: £595 per person

Fitz Roy Circuit and Ice Cap Traverse Patagonia

LAUNCH TRIP: 5 December 2009 *11 days*

The ultimate Patagonian adventure with spectacular and rarely seen views – and **one of the wildest trekking experiences that does not involve high altitudes or climbing**. The Patagonian ice field is one of the biggest fresh water reservoirs left in the world and this is a challenging circumnavigation of the dramatic granite towers of Fitz Roy and Cerro Torre, which very few people have undertaken. Pure adventure in a remote wilderness!

PRICE: £1,890 per person

Western Arthurs Traverse Tasmania

LAUNCH TRIP: 6 December 2009 *13 days*

Tasmania's greatest walk - and undoubtedly the most spectacular - the Western Arthurs Traverse presents one of the world's most challenging bushwalking objectives. Located in the remote South West, this small mountain range (only 15km long) contains 22 major peaks and 30 lakes. The scenery is dramatic and is considered the best example of glaciated landscape in Australia.

PRICE: £1,695 per person

**Please note that the Western Arthurs Traverse is open to people with previous bushwalking experience and a high level of fitness is essential.*

World Expeditions' all-inclusive policy ensures that there are no local payments.

Prices quoted above do not include international flights, however these can be arranged on request.

For bookings please call 0800 0744 135 or visit www.worldexpeditions.co.uk

- Ends -

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Notes for editors:

- Since its inception in 1975, World Expeditions has earned itself an outstanding reputation as a world leader in small group trekking and adventure holidays.
- Two factors distinguish World Expeditions from its competitors: the **all-inclusive value** of its trips, with most meals, internal transport, accommodation, equipment and site entrance fees covered; and its **expert leaders**, often world-renowned figures whose experience and passion for destinations and local communities ensure superbly-designed, fulfilling travel itineraries every time.
- World Expeditions trips are for those travellers who want to discover destinations from the inside - taking the 'paths less travelled' to interact with and learn about local cultures, rather than simply ticking off tourism spots. More than 500 stand-alone itineraries are offered, from small group active adventures and expeditions to cycling and walking tours to cultural journeys.